

# Learn from the Second Wave and Continue to Exercise Caution

Thanks to the understanding and cooperation of all of the people of Gifu Prefecture, the rise in infections has reduced to a small number and, judging that we have gotten past the “state of emergency”, we are rescinding the “Second Wave State of Emergency Declaration” for the time being.

However, it is possible a lapse in caution may contribute toward a third surge in infections. Each person should continue to exercise caution going forward.

## 1 Avoid high-infection-risk places

- Many clusters occur in enclosed spaces where large gatherings of people are consuming alcohol, including eating & drinking events, parties, karaoke and clubs.

We ask that you continue to avoid these places and behaviours with a high risk of infection and exercise caution in your behaviour. In particular, continuing to talk with your mask off after eating is dangerous.

## 2 Families should protect each other

- The 2<sup>nd</sup> wave started centered around young people, and infections gradually spread to the middle-aged and elderly through families. The number of people with serious symptoms also increased.

Young people should also avoid the risk of being infected in order to avoid spreading the infection to family members going forward, including the elderly who have a high chance of serious symptoms.

## 3 Avoid infection at schools & workplaces

- Carry out daily physical condition checks. Stop attending school/work and avoid trips if there is any abnormality. It is also important for schools and workplaces to treat ill people with kindness, creating an atmosphere where they can rest without worry.