

Restrain yourself in the Infection-prone Winter Season and New Years Period and Continue to Exercise Caution

To all Prefectural Residents

1. Avoid behavior involving a high risk of infection

- Since September clusters in Gifu Prefecture have occurred in enclosed spaces with:
 - Parties or eating & drinking events (including with family) involving alcohol with large numbers of people or over long times
 - Use of food & drink establishments involving hospitality service

Furthermore, cases are occurring nationwide in people living in small shared spaces (dormitories etc) and in places with a high turnover of people (waiting rooms etc).

⇒ Avoid high-risk situations such as “eating/drinking involving alcohol in large groups”.
In particular you must be careful of “not wearing masks” and “talking in loud voices and releasing saliva”.

2. Stop activities without fail if your physical condition is bad

- Cases of infections spreading after people have dined while in bad physical condition.

⇒ If you feel “something is odd” about your physical condition, stop social dining, trips outside & attendance of work and/or school.

Consult and/or be examined by a medical institution immediately.

3. “Wear masks”, “wash hands thoroughly” & “keep distance with others”

- It is easy for various infections to spread during the coming dry winter period.

⇒ Infectious diseases are a danger which require everybody's cooperation to protect against. Continue to thoroughly implement basic infection control measures.

⇒ Appoint a “COVID Guard (Provisional Name)” within the workplace or home who is in charge of continuing to promote infection control measures.

4. Thorough Stop “COVID-19 Harassment” Declaration

- Strengthening of consultation support network and carrying out of internet patrols, in addition to various public awareness efforts.

⇒ Working to creation an environment that does not tolerate COVID-19 Harassment.
Furthermore, consult one of the consultation centers without delay if you are a victim of harassment or if you observe harassment.