# **Message to all Prefectural Residents**

## STOP! "COVID-19 Harassment"

## (1) The enemy we must fight is the virus, not other people

It is possible for anybody to be infected. Remember that the virus is the enemy, and infected persons are victims. We should all work together to fight the virus while showing kindness to infected persons.

#### (2) Get correct information, and be aware of the right things

The period in which an infected person can infect others is "from two (2) days before the onset of symptoms until seven to ten (7 - 10) days after the onset of symptoms". Furthermore, persons who have been discharged from facilities are not able to infect others. Arm yourself with the "correct information" and do not exclude people or be afraid of them unnecessarily.

### (3) Do not be afraid of people from organizations to which

#### infected persons belong

In Gifu Prefecture, persons with close contact are investigated and swift testing is carried out after an infected person has been discovered within a certain organization. We should therefore not avoid people from that organization or be afraid of them unnecessarily.

## (4) Do not irresponsibly spread misinformation

Do not spread unfounded gossip or spread uncertain information about infections on social media etc. Furthermore, if you encounter false information, rumours or speculation, do not be taken in by them and also make sure to avoid spreading them.