

Rapid HIV testing FAQs

(Gifu Prefectural Division for the Promotion Infectious Disease Control)

Q1 What is a rapid (same day) HIV test?

A1

A rapid, or same day test is one of the methods of antibody screening. Using a rapid test kit you can get your result very quickly, in about an hour. However, reagents used in the rapid tests have a higher sensitivity than those used in other types of tests, so there are cases where those who are not HIV positive get a positive test result. In the case of a positive result, further testing will be carried out to confirm the result.

Q2 If I test negative in the rapid HIV test, does that mean that I am definitely not infected?

A2

A negative result is only representative of your past HIV status. Anyone can become infected with HIV so you must protect yourself.

If you test negative using a rapid test over 3 months after the behavior which put you at risk of infection with HIV, you are considered to be “not infected with HIV”.

If you test negative within 3 months of the infection-risking behavior, it is recommended that you wait until 3 months has passed and then take an additional test.

Q3 If I test positive in the rapid HIV test, does that mean that I am definitely infected?

A3

1 in every 100 people (1%) who take a rapid HIV test get a positive result when they are not actually infected with HIV, which is called a false positive. For this reason, if you test positive using a rapid test, additional and confirmatory testing must be carried out to determine whether this is an accurate positive test (the person in question is HIV positive) or a false positive (the person in question is not infected with HIV).

Q4 I am worried that I have been infected with HIV after sexual intercourse with a male partner. Can I get tested immediately?

A4

Please make an appointment for a test at your nearest public health center.

Antibodies do not form immediately after infection, so it is recommended that you take a test at least 3 months after you may have been infected, but first please consult your local public health center.

Q5 When and where can I get an HIV test?

A5

You can get HIV tested at public health centers in Gifu Prefecture. Appointments are required, so please call the health center in advance to make an appointment (between 8:30 and 17:00, except on weekends, public holidays and other vacation days).

Health Center	Opening days	Opening hours	Address and phone number
Gifu Public Health Center	1 st and 3 rd Thursdays of every month, evenings 1 st Thursday only (appointment required)	9am-10am 5:30pm-6pm (1 st Thursday only)	1-1 Nakafudogaoka, Kakamigahara City 058-380-3004
Seino Public Health Center	1 st and 3 rd Tuesdays of every month, evenings 3 rd Tuesday only (appointment required)	8:45am-10:15am 4:45pm-5:45pm (3 rd Tuesday only)	Seino Sogo Chosha, 422-3 Ezaki-cho, Ogaki-shi 0584-73-1111 (Extension 276)
Seki Public Health Center	1 st and 3 rd Tuesdays of every month (appointment required)	9:30am-10:30am	Chuno Sogo Chosha, 1612-2 Ikushi, Mino-shi 0575-33-4011 (Extension 379)

Kamo Public Health Center	1 st and 3 rd Thursdays of every month, evenings on the 1 st Thursday in December and June only (appointment required)	9am-11am 4pm-6pm (only in December) 5pm-5:30pm (only in June)	Kamo Sogo Chosha, 2610-1 Shimokobi, Kobi-cho, Minokamo-shi 0574-25-3111 (Extension 285)
Tono Public Health Center	1 st and 3 rd Thursdays of every month, evenings 1 st Thursday only (appointment required)	9am-11am 5pm-6pm, (1 st Thursday only)	Tono Seibu Sogo Chosha, 5-68-1 Ueno-cho, Tajimi-shi 0572-23-1111 (Extension 379)
Ena Public Health Center	1 st and 3 rd Tuesdays of every month, evenings 1 st Tuesday in September and December only (appointment required)	9am-11:15am 5pm-5:30pm (only in September and December)	Ena Sogo Chosha, 1067-71 Shogeushiroda, Osashima-cho, Ena-shi 0573-26-1111 (Extension 269)
Hida Public Health Center	1 st and 3 rd Thursdays of every month, evenings 1 st Thursday only (appointment required)	9am-11am 5:30pm-6pm	Hida Sogo Chosha, 7-468 Kamioka-moto-machi, Takayama-shi 0577-33-1111 (Ext. 309)
Gifu City Public Health Center	1 st and 3 rd Monday of every month, evenings 1 st Monday only (appointment required)	1:20pm-3pm 5pm-6pm	2-19, Miyako-dori, Gifu-shi 058-252-7187

Q6 How much does an HIV test cost?

A6

It's free of charge.

Q7 I am not confident using Japanese, do public health centers have interpreters?

A7

Only the Seino Public Health Center (Portuguese) and the Kamo Public Health Center (Portuguese and Tagalog) have interpreting services. Please contact them in advance.