Announcement of the Strengthening of COVID-19 Measures to Prevent a Strain on Gifu's Medical Services (Excerpt)

19th January 2023 Extension Implementation period: 23rd December 2022 – **12th February 2023** Gifu Prefectural Taskforce for Preventing the Spread of COVID-19

On December 23rd, Gifu Prefecture issued the "Announcement of the Strengthening of COVID-19 Measures to Prevent a Strain on Gifu's Medical Services", and has been working on measures to tackle the spread of COVID-19.

In January, for the first time in 3 years, an epidemic of seasonal flu has broken out in the prefecture alongside the spread of COVID-19. As a result, the burden on medical services has not been eased, and a serious situation in which medical treatment which would normally be available is not immediately available, is continuing.

In light of the current situation, we are extending the implementation period of the "Announcement of the Strengthening of COVID-19 Measures to Prevent a Strain on Gifu's Medical Services", which was set to expire on January 22nd. It will now continue until February 12th.

We hereby request that all prefectural residents continue to fully abide by the following measures as a united effort in order to protect yourself, your family, and others who are near and dear to you.

We ask all prefectural residents to cooperate with the following measures

- · Get vaccinated promptly.
- · Fully abide by basic infection prevention measures.
- · Only use emergency medical services when absolutely necessary.
- Avoid crowded places and places with a high risk of infection, such as New Year's events, and refrain from actions that could lead to an increased spread of infection.
- Avoid speaking loudly and prolonging the time spent in restaurants, and wear a mask during conversations.
- · Carefully consider whether to dine in large groups, including cancelling or postponing plans.
- · Carefully consider whether to attend big events, including choosing not to attend.